



# Mt Carmel School

## POLICY – Extracurricular Sport

*As a Catholic School this policy reflects our commitment to live and teach the values of Jesus Christ*

Mt Carmel School encourages participation in physical activity for its students as a means of developing physical, emotional and social skills. Furthermore the development of Christian values through an ethos of fair play and inclusiveness supports our Catholic Character and promotes our school to the wider community.

In place of School administrated sports this policy supports the use of the school name in extracurricular sport

### **PURPOSE**

1. To allow students an opportunity to represent Mt Carmel School and build a sense of belonging.
2. To encourage and develop a partnership between school and its community
3. To help students develop values including co-operation, dedication, respect, self-esteem, self sacrifice, discipline, mutual support and striving for excellence.
4. To positively promote Mt Carmel School through sport in the wider community

### **GUIDELINES**

1. Staff will provide opportunities for students to participate in various physical activities through the physical education curriculum
2. The school will allow parents to organise teams to compete in out of school competitions under the School name. These will be subject to approval from the Board (Appendix D). Teams must comply with the following:
  - a) Coaches and managers may require a police background check
  - b) Coaches, managers and parents will adhere to a specified code of conduct (appendix A)
  - c) Players will comply with a specified code of conduct (appendix B)
  - d) Teams will be permitted to use the Mt Carmel name, school PE uniform and grounds, for practices outside school hours, provided that potential Health and Safety issues have been addressed
  - e) Any departures from above guidelines for specific sports must be approved by the Sports Committee
  - f) A Risk Analysis and Management Strategy (RAMS) needs to be completed by either the manager or coach at all locations and facilities where not already operating under a RAMS. (Appendix C – This is an example only and RAMS must be bespoke to the risks associated with a particular sport)

3. There is an expectation that all those involved with teams representing Mt Carmel school will demonstrate Christian values and specifically our Brigidine charism of 'strength and kindness' and failure to do so may result in the team being withdrawn from the competition
4. All children participating in a team using the Mt Carmel name must be current Mt Carmel students.
5. Any concerns or complaints are to be directed to the team coach / manager in the first instance.
6. Sport specific additions to the Codes of Conduct may be required and will be reviewed as necessary and appropriate.
7. The School (BOT) *at its sole discretion* reserves the right to withdraw their approval for the use of the School name at any stage.

**\*Appendix A – Code of Conduct for Coaches, Managers and Parents**

- Respect the decisions of officials and teach children to do likewise.
- Do not openly criticize players/coaches/ managers/officials in front of other people, either on the field of play or off it.
- Treat the players with respect and acknowledge their efforts, regardless of whether they have won or lost.
- Show appreciation to people who volunteer their time to the sport in question.  
Demonstrate appropriate social behaviour by not using foul language or harassing players, coaches or officials.
- Always be positive in your support for the players.
- Applaud good play/performance from your players as well as the opposition.
- Respect the rights, dignity and worth of all people involved in the game, regardless of their gender, ability or religious or cultural background.
- Respect the training and playing venues and facilities and abide by any rules in relation to the use of them.
- Encourage children to always play by the rules.

**\*Appendix B – Code of Conduct for players**

- play by the rules of the sport in question
- Respect and accept the decisions made by referees
- Respect the rules of the venues and facilities you are using
- Recognise and respect the efforts of your team mates and opponents
- Remember to thank your coach, umpires, the opposition and supporters
- Cheer and shake hands with the opposition and thank umpires at the end of the game
- Ensure language, presentation; manner and punctuality reflect high standards.
- Be considerate in, and accept responsibility for, your actions.
- Cooperate with your coach, officials, team mates and opponents. Without them, there is no game.

\*Codes may be developed further with consultation

**\*Appendix C – Risk Analysis and Management Strategy (RAMS)**

<b>Activity:</b>	
<b>Manager/Coach:</b>	
<b>Date(s):</b>	
<b>Group:</b>	
<b>Location:</b>	

	<b>Risks</b>	<b>Risk Reduction Strategy</b>
<b>People:</b> Skills, attitudes, age, fitness, ratios, experience, health	<ol style="list-style-type: none"> <li>1. Participants unwell or have a medical condition</li> <li>2. Collisions</li> <li>3. Falls</li> <li>4. Injuries</li> </ol>	<ol style="list-style-type: none"> <li>1. Understand participants' medical conditions</li> <li>2. Explain potential hazards and</li> <li>3. Need for sensible participation.</li> <li>4. Sufficient warm-up completed</li> </ol>
<b>Equipment:</b> Clothing, activity specific gear, safety gear	<ol style="list-style-type: none"> <li>1. Stubbed toe</li> <li>2. Collision with goal post</li> <li>3. Chipped tooth from ball to face</li> <li>4. Injury due to faulty equipment</li> </ol>	<ol style="list-style-type: none"> <li>1. Ensure shoes are worn</li> <li>2. Have pads on goal posts</li> <li>3. Ensure mouth guards worn</li> <li>4. Check equipment prior to use</li> </ol>
<b>Environment:</b> Weather, terrain	<ol style="list-style-type: none"> <li>1. Sun burn</li> <li>2. Hypothermia</li> <li>3. Injury due to uneven surface</li> </ol>	<ol style="list-style-type: none"> <li>1. Sun protection</li> <li>2. Check weather conditions and ensure appropriate clothing worn</li> <li>3. Check for and remove hazards on and around training area</li> </ol>

**\*Appendix D – Application Form**

<b>TEAM NAME:</b>	
Team Manager	
Name:	
Address:	
Phone Number:	
Team Coach:	
Name:	
Address:	
Phone Number:	
Sporting Code:	
Age or Competition Category:	
Team List:	
Competition Organisation:	
Location:	
Requirements for Mt. Carmel facilities (for training or competition):	
Season duration:	
Date Application needs approval by:	
Applicants name (Manager or Coach):	
<p>I, the undersigned, will abide by the Mt Carmel School Sports' Policy and note that a police check may be required for both the manager and coach of the team.</p> <p>SIGNED: ..... DATE: .....</p>	